



June/July 2017

Revised
6/15/2017



Summer Breakfast

Nutritional Development Services

Menu is subject to change, a variety of low fat and skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

SummerMealsNDS

SummerMealsNDS

SummerMealsNDS

www.nutritionaldevelopmentservices.com

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| 19 <u>Breakfast Not Served</u> | 20 370 Apple Fruit Pocket 670 Fresh Fruit 748 Grape Juice | 21 308 Strawberry Filled Bagel 749 Apple Cherry Juice 608 Dole Tropical Fruit Cup | 22 351 Cinnamon Toast Crunch Cereal Bar 753 Orange Juice 697 Sliced Apples | 23 359 Honey Nut Scooters 752 Fruit Punch Juice 688 Applesauce |
| 26 328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit | 27 309 Apple Jammer Stick 670 Fresh Fruit 752 Fruit Punch Juice | 28 313 Cranberry Apple Rebel Crumble 670 Fresh Fruit 688 Applesauce | 29 369 Pillsbury Berry Blast French Toast 642 Fresh Cantaloupe 752 Fruit Punch Juice | 30 367 Cinnamon Raisin Bagel 647 Dole Mandarin Oranges 691 Orange Amazin' Raisins |
| 3 351 Cinnamon Toast Crunch Cereal Bar 750 Apple Juice 670 Fresh Fruit | 4 <u>Independence Day</u> | 5 323 Apple Cinnamon Muffin 670 Fresh Fruit 748 Grape Juice | 6 366 Blueberry Bagel 647 Dole Mandarin Oranges 631 Cherry Star Vegetable Juice | 7 367 Cinnamon Raisin Bagel 670 Fresh Fruit 608 Dole Tropical Fruit Cup |
| 10 365 Cinnamon Frosted Flakes 670 Fresh Fruit 692 Peach Amazin Raisins | 11 370 Apple Fruit Pocket 670 Fresh Fruit 748 Grape Juice | 12 308 Strawberry Filled Bagel 749 Apple Cherry Juice 608 Dole Tropical Fruit Cup | 13 351 Cinnamon Toast Crunch Cereal Bar 753 Orange Juice 697 Sliced Apples | 14 359 Honey Nut Scooters 752 Fruit Punch Juice 688 Applesauce |
| 17 328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit | 18 309 Apple Jammer Stick 670 Fresh Fruit 752 Fruit Punch Juice | 19 313 Cranberry Apple Rebel Crumble 670 Fresh Fruit 688 Applesauce | 20 369 Pillsbury Berry Blast French Toast 642 Fresh Cantaloupe 752 Fruit Punch Juice | 21 367 Cinnamon Raisin Bagel 647 Dole Mandarin Oranges 691 Orange Amazin' Raisins |



July/August 2017

Revised
6/15/2017



Summer Breakfast

Nutritional Development Services

Menu is subject to change, a variety of low fat and skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

SummerMealsNDS

SummerMealsNDS

SummerMealsNDS

www.nutritionaldevelopmentservices.com

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| 24 351 Cinnamon Toast Crunch Cereal Bar 750 Apple Juice 670 Fresh Fruit | 25 323 Apple Cinnamon Muffin 670 Fresh Fruit 748 Grape Juice | 26 327 Pillsbury Maple Madness Mini Waffles 670 Fresh Fruit 752 Fruit Punch Juice | 27 304 Cinnamon Bagel-fuls 651 Fresh Watermelon 631 Cherry Star Vegetable Juice | 28 366 Blueberry Bagel 670 Fresh Fruit 608 Dole Tropical Fruit Cup |
| 31 365 Cinnamon Frosted Flakes 670 Fresh Fruit 692 Peach Amazin Raisins | 1 370 Apple Fruit Pocket 670 Fresh Fruit 748 Grape Juice | 2 308 Strawberry Filled Bagel 749 Apple Cherry Juice 608 Dole Tropical Fruit Cup | 3 351 Cinnamon Toast Crunch Cereal Bar 753 Orange Juice 697 Sliced Apples | 4 359 Honey Nut Scooters 752 Fruit Punch Juice 688 Applesauce |
| 7 328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit | 8 309 Apple Jammer Stick 670 Fresh Fruit 752 Fruit Punch Juice | 9 313 Cranberry Apple Rebel Crumble 670 Fresh Fruit 688 Applesauce | 10 369 Pillsbury Berry Blast French Toast 642 Fresh Cantaloupe 752 Fruit Punch Juice | 11 367 Cinnamon Raisin Bagel 647 Dole Mandarin Oranges 691 Orange Amazin' Raisins |
| 14 351 Cinnamon Toast Crunch Cereal Bar 750 Apple Juice 670 Fresh Fruit | 15 323 Apple Cinnamon Muffin 670 Fresh Fruit 748 Grape Juice | 16 327 Pillsbury Maple Madness Mini Waffles 670 Fresh Fruit 752 Fruit Punch Juice | 17 304 Cinnamon Bagel-fuls 651 Fresh Watermelon 631 Cherry Star Vegetable Juice | 18 366 Blueberry Bagel 670 Fresh Fruit 608 Dole Tropical Fruit Cup |
| 21 365 Cinnamon Frosted Flakes 670 Fresh Fruit 692 Peach Amazin Raisins | 22 307 Apple Fruit Pocket 670 Fresh Fruit 748 Grape Juice | 23 308 Strawberry Filled Bagel 749 Apple Cherry Juice 608 Dole Tropical Fruit Cup | 24 351 Cinnamon Toast Crunch Cereal Bar 753 Orange Juice 697 Sliced Apples | 25 359 Honey Nut Scooters 752 Fruit Punch Juice 688 Applesauce |