




JUNE 2018 - AT-RISK AFTERSCHOOL COLD SUPPER MENU



MONDAY 6/4/2018	TUESDAY 6/5/2018	WEDNESDAY 6/6/2018	THURSDAY 6/7/2018	FRIDAY 6/8/2018
126 LAND O LAKES CO-JACK CHEESE STICK 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 611 BABY CARROTS PACK 670 FRESH FRUIT 927 PEPPERIDGE FARM WHOLE GRAIN CHEDDAR GOLDFISH 943 RANCH DRESSING 100 WHITE MILK 2403	133 STRAWBERRY BANANA YOGURT 130 SUNFLOWER KERNELS 670 FRESH FRUIT 631 CHERRY STAR VEGETABLE JUICE 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK 2407	205 WHOLE GRAIN POPCORN CHICKEN 637 RAINBOW BEAN SALAD 670 FRESH FRUIT 954 BARBECUE SAUCE 100 WHITE MILK 2410	139 CHEDDAR CHEESE CUP 130 SUNFLOWER KERNELS 620 RED GOLD SALSA CUP 670 FRESH FRUIT 941 TOSTITOS SCOOPS 100 WHITE MILK 2413	117 SOY BUTTER CUP 129 HONEY ROASTED SUNFLOWER KERNELS 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 938 WG SAVORY BITES WHEAT CRACKERS 100 WHITE MILK 2406
6/11/2018	6/12/2018	6/13/2018	6/14/2018 <i>Flag Day</i>	6/15/2018
118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 130 SUNFLOWER KERNELS 670 FRESH FRUIT 611 BABY CARROTS PACK 330 BLUEBERRY MUFFIN 943 RANCH DRESSING 100 WHITE MILK 2402	134 CHERRY VANILLA YOGURT 128 GOLDEN DELUXE TRAIL MIX 670 FRESH FRUIT 631 CHERRY STAR VEGETABLE JUICE 344 SCOOTERS CEREAL 100 WHITE MILK 2407	205 WHOLE GRAIN POPCORN CHICKEN 602 RED BLISS POTATO SALAD WITH TURKEY BACON 670 FRESH FRUIT 961 KETCHUP 100 WHITE MILK  2410	227 BBQ CHICKEN & CHEESE WG WRAP 670 FRESH FRUIT 632 WANGO MANGO VEGETABLE JUICE 100 WHITE MILK 2412	235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 670 FRESH FRUIT 631 CHERRY STAR VEGETABLE JUICE 963 MUSTARD 100 WHITE MILK 2419

Nutritional Development Services - Archdiocese of Philadelphia
 222 North 17th Street, Philadelphia, PA 19103
 Phone: 215-895-3470, Option 4, Fax: 215-895-0832
 Email: afterschoolmeals@ndsarch.org

REMINDER! Water must be OFFERED every day!
MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN



Have a Fun and Safe Summer!

