























JANUARY 2018 AT-RISK AFTERSCHOOL SNACK MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/8/2018 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 136 RASPBERRY YOGURT  **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK	1/9/2018 927 PEPPERIDGE FARM WHOLE GRAIN CHEDDAR GOLDFISH 126 LAND O LAKES CO-JACK CHEESE STICK  **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK	1/10/2018 938 WG SAVORY BITES WHEAT CRACKERS 117 SOY BUTTER CUP  **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK	1/11/2018 935 ALL SPORTS GRAHAMS 440 APPLE JUICE (6 OUNCE)  	1/12/2018 942 MULTIGRAIN SUNCHIPS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE  **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK
1/15/2018 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP  **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK Martin Luther King, Jr. Day	1/16/2018 940 PRETZELS & CHEDDAR SUNCHIPS MIX 126 LAND O LAKES CO-JACK CHEESE STICK  **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK	1/17/2018 929 WG KEEBLER CINNAMON ELF GRAHAMS 133 STRAWBERRY BANANA YOGURT **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK 	1/18/2018 941 TOSTITOS SCOOPS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK 	1/19/2018 930 CHEEZ-IT BAKED CRACKERS 444 FRUIT JUICE BLEND (6 OUNCE) 
1/22/2018 932 SCOOPY-DOO! CINNAMON GRAHAM CRACKER STICKS 134 CHERRY VANILLA YOGURT **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK	1/23/2018 939 HEARTZELS PRETZELS 126 LAND O LAKES CO-JACK CHEESE STICK **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK 	1/24/2018 920 WHOLE GRAIN SMART SNACKS 440 APPLE JUICE (6 OUNCE)  FOOD ORDER DUE - WEEK OF FEB 5	1/25/2018 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP  **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK	1/26/2018 927 PEPPERIDGE FARM WHOLE GRAIN CHEDDAR GOLDFISH 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK 
1/29/2018 934 WG DINO BITES GRAHAMS 444 FRUIT JUICE BLEND (6 OUNCE) 	1/30/2018 930 CHEEZ-IT BAKED CRACKERS 126 LAND O LAKES CO-JACK CHEESE STICK **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK 	1/31/2018 938 WG SAVORY BITES WHEAT CRACKERS 117 SOY BUTTER CUP  **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK	2/1/2018 926 GARDEN SALSA SUNCHIPS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK 	2/2/2018 989 WHOLE GRAIN HONEY GRAHAM CRACKERS 133 STRAWBERRY BANANA YOGURT **YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK 

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MENU SUBJECT TO CHANGE

REMINDER: Water must be OFFERED every day!

WG = WHOLE GRAIN



