







DECEMBER 2017 AT-RISK AFTERSCHOOL HOT SUPPER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/4/2017 292 WHOLE GRAIN PENNE PASTA WITH MEAT SAUCE 623 BROCCOLI 670 FRESH FRUIT 100 WHITE MILK	12/5/2017 234 WG CHICKEN TENDERS WITH POTATO WEDGES 628 MIXED VEGETABLES 904 WHEAT BREAD 100 WHITE MILK	12/6/2017 200 HAMBURGER PATTY 704 FRENCH FRIES 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK FOOD ORDER DUE - WEEK OF JAN 8	12/7/2017 263 5" ROUND WG CHEESE PIZZA 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	12/8/2017 211 SLOPPY JOE 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK <i>Immaculate Conception</i>
12/11/2017 203 WG MACARONI & CHEESE 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK	12/12/2017 205 POPCORN CHICKEN 704 FRENCH FRIES 670 FRESH FRUIT 100 WHITE MILK 	12/13/2017 275 GRILLED BBQ CHICKEN FILLET 634 HASH BROWNS 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK FOOD ORDER DUE - WEEK OF JAN 15	12/14/2017 217 TERIYAKI GLAZED CHICKEN W/ BROWN RICE 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	12/15/2017 218 WHOLE GRAIN MOZZARELLA PINWHEEL 682 MARINARA DIPPING SAUCE 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT
12/18/2017 204 CHICKEN PARMESAN 636 FIESTA CORN 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK	12/19/2017 271 WG SPAGHETTI AND MEATBALLS 623 BROCCOLI 670 FRESH FRUIT 100 WHITE MILK	12/20/2017 253 HOT DOG WITH FRENCH FRIES 670 FRESH FRUIT 907 WHEAT HOT DOG BUN 100 WHITE MILK FOOD ORDER DUE - WEEK OF JAN 22	12/21/2017 224 WG CHICKEN NUGGETS WITH SWEET POTATOES 628 MIXED VEGETABLES 904 WHEAT BREAD 100 WHITE MILK	12/22/2017 281 HOMESTYLE SALISBURY STEAK W/GRAVY 610 MASHED POTATOES 670 FRESH FRUIT 904 WHEAT BREAD
12/25/2017 	12/26/2017 273 WG ROTINI BAKE W/CHEESE & MEATSAUCE 623 BROCCOLI 670 FRESH FRUIT 100 WHITE MILK	12/27/2017 269 MINI CORN DOGS & WG CHICKEN NUGGETS W/POTATO ROUNDS 625 SWEET MAPLE CARROTS 670 FRESH FRUIT 100 WHITE MILK NO FOOD ORDER THIS WEEK!	12/28/2017 272 FOUR CHEESE PANINI 636 FIESTA CORN 670 FRESH FRUIT 100 WHITE MILK	12/29/2017 289 WG PANCAKES WITH SAUSAGE PATTY 634 HASH BROWNS 670 FRESH FRUIT 100 WHITE MILK
1/1/2018 	1/2/2018 286 HOMESTYLE MEATLOAF W/GRAVY 610 MASHED POTATOES 670 FRESH FRUIT 904 WHEAT BREAD 100 WHITE MILK	1/3/2018 223 WG VEGETABLE PINWHEEL 682 MARINARA DIPPING SAUCE 623 BROCCOLI 670 FRESH FRUIT 100 WHITE MILK FOOD ORDER DUE - WEEK OF JAN 29	1/4/2018 210 WG CRISPY CHICKEN FILLET 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK	1/5/2018 263 5" ROUND WG CHEESE PIZZA 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK 

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MENU SUBJECT TO CHANGE
 WG = WHOLE GRAIN